



The Owl Centre

for Children's Independent Therapy

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Speech and Language Therapy Services offered across Gloucestershire by The Owl Centre's Experienced and Friendly Therapists

The Owl Centre in Gloucestershire is **one of five Owl Centre sites for children's Speech and Language Therapy (and other therapies) located in the south of England**. The original site was founded in Oxfordshire in 2011 by top Speech and Language Therapist and Macmillan author, Nicola Lathey. When Nicola moved to Cheltenham in March 2015, she left behind a very well-established and growing Oxfordshire Owl Centre, and could **focus on bringing the same expertise, experience and first class service to Gloucestershire**.

Nicola is currently joined by two other **Speech and Language Therapists** and an **Art Therapist in Gloucestershire**, and the aim is to add more children's disciplines so that the Gloucestershire site becomes, like its sister sites in Oxfordshire and Hertfordshire, truly multi-disciplinary (its sister sites in London and Cambridgeshire currently offer one discipline, but we're working on that, too!).

Our Speech and Language Therapists in Gloucestershire have **broad range of skills which cover the full spectrum of Speech and Language Therapy issues**. They are highly qualified and experienced professionals, but deliver therapy in a **fun and friendly** manner. Below is some information about our Speech and Language Therapists Nicola Lathey, Jennie Nicholl and Lizzy Connolly, and about our Art Therapist, Sarah Shellard. All are available to provide **therapy across Gloucestershire and possibly neighbouring counties**.

Nicola Lathey BSc (hons), MRCSLT, MASLTIP, HCPC registered



Nicola loves her job as a Speech and Language Therapist and oozes passion for Speech and Language Therapy whenever you meet her. She is warm and friendly, and **children love her sessions**. She has **masses of experience** in Autism, Early Language Development, Speech Difficulties and in running various groups. **She is also a Macmillan author** having written 'Small Talk', the bible for children's Speech and Language development from birth to age 4, and also a series of children's books, the first of which will be published in June 2016.

Nicola is head of The Owl Centre, and **offers in-house Speech and Language Therapy in her clinic in Cheltenham, but also offers outreach visits** to families, schools and other organisations across Gloucestershire and in neighbouring counties. **Due to her media profile and outstanding reputation, she is in high demand**.

Nicola is an **official trainer** for Early Bird, Talk Boost and Practical Activities for Speech and Language Development.

Nicola has also attended the following training courses:

- Attention Autism
- Derbyshire Language Scheme
- Makaton
- Paediatric Dysphagia
- Symbol
- PECS
- Hanen

- Lidcombe Therapy
- Talk Tools
- Talk Boost
- Lego Therapy

Jennie Nicholl BSc (hons), MRCSLT, MASLTIP, HCPC registered



Jennie **qualified as a Speech and Language Therapist in 1999** and has a vast amount of experience working with pre-school and school-aged children. Since qualifying, she has **worked across a range of settings** including mainstream schools, Sure Start centres, Autism Resource Bases, and schools for children with emotional and behavioural difficulties. As well as her independent work, Jennie also **works part-time as a Speech and Language Therapist for the NHS**, combining this with being a mum to her young children.

Jennie is trained in the following specialist Speech and Language Therapy approaches:

- Derbyshire language Scheme
- PECS
- Hanen (It Takes Two to Talk & Learning Language and Loving It)
- Narrative Therapy
- ELKLAN
- Makaton
- Lego Therapy
- Paediatric Stammering & Voice

Lizzy Connolly BA (hons), PG Dip Speech and Language Sciences, MRCSLT, MASLTIP, HCPC registered



Since training as a Speech and Language Therapist, Lizzy has acquired a **broad range of experience in hospitals, pre-schools, mainstream schools, Autism schools and special schools**. Her main areas of



expertise are **speech difficulties, Autism and stammering** She has worked with a wide age range of children across Oxfordshire, Gloucestershire and Wiltshire.

Liz has received training in the following programmes:

- PECS
- Lidcombe Therapy
- Spires Cleft Training
- Narrative Training
- Coloufrul Semantics
- Developmental Verbal Dyspraxia.
- Stammering

Sarah Shellard BA (hons), MA Art Psychotherapy, HCPC and BAAT registered



Sarah is an Art Psychotherapist with **background in both art and mental health**. She has **extensive experience** in helping children and adolescents with a **broad range of mental health issues** from minor emotional problems to extreme disorders. She provides therapy to **individuals and groups**, and can offer her services to families and schools across Gloucestershire.

Sarah has received training in the following courses:

- Supervision training course for art therapists
- Whole-brain child workshop
- Risk assessment with children and young people
- Trauma and the body: somatisation & dissociation
- The neuroscience of trauma leading to complex PTSD and DID
- Children's emotional well-being
- Helping children tell their stories
- Working with metaphor

- Making endings with children
- Team Teach positive handling

Our Speech and Language Therapists can **cover the county of Gloucestershire and possibly neighbouring counties**. Areas include (but are not limited to): Bishop's Cleeve, Charlton Kings, Cheltenham, Chepstow, Cinderford, Cirencester, Dursley, Gloucester, Innsworth-Churchdown, Stroud, and Tewkesbury.

**The Owl Centre for Children's Independent Therapy,
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Tel: 01242 571883 or 0800 9177784 (0800 numbers are free from landlines but mobile operators may charge).

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